

Utah State University
Department of Kinesiology and Health Sciences
Physical Education/Coaching Minor 2020-2021

MINOR REQUIREMENTS (Total Credits:26-38)

Acceptance into minor: New freshmen, also, transfer students and students from other USU majors who have at least a **2.75 overall gpa**, qualify to enter the Physical Education/Coaching Minor. Please note, in order to be accepted into the STEP program students must have an overall gpa of 3.0. And, all major content coursework (PEP) requires a grade of C or better.

Area I. Professional Development

A: Skill Development (select 3 of the 5 skills courses, 3 credits)		Sem.	Cr.	Prerequisite/notes
<input type="checkbox"/>	KIN 2100 Skills 1 (Swimming, Volleyball, Football)	F, Sp	1	
<input type="checkbox"/>	KIN 2200 Skills 2 (Lifetime Activities)	F, Sp	1	
<input type="checkbox"/>	KIN 2300 Skills 3 (Softball, Basketball, Soccer)	F	1	
<input type="checkbox"/>	KIN 2400 Skills 4 (Tennis, Badminton, Track/Field)	F, Sp	1	
<input type="checkbox"/>	KIN 2500 Skills 5 (Dance Activities)	TBD	1	approved dance course can be substituted

B: Prerequisite Courses (6-13 cr)

<input type="checkbox"/>	BIOL/HEAL 1500 Anatomy and Physiology	TBD	3	Broadcast course
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OR

<input type="checkbox"/>	BIOL 2320 Human Anatomy	F, Sp	4	
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AND

<input type="checkbox"/>	BIOL 2420 Human Physiology	F, Sp	4	See USU catalog.
<input type="checkbox"/>	KIN 3000 Principles of Fitness	F, Sp	3	
<input type="checkbox"/>	HEP 2000 First Aid and Emergency Care	F, Sp	2	Current First Aid certification with CPR will waive this course.

Area 2: Professional Foundation (11 credits)

<input type="checkbox"/>	KIN 2050 Sport Rules and Regulations	F, Sp	2	
<input type="checkbox"/>	KIN 4100 Exercise Physiology	F, Sp	3	BIOL 2320 or BIOL/HEAL 1500 with advisor override.
<input type="checkbox"/>	KIN 4350 Admin and Management of PE	F	3	
<input type="checkbox"/>	KIN 4500 Motivational Strategies for PE/Coaching*	F, Sp	3	

Area 3: Electives (select 2 courses, 6 credits)

<input type="checkbox"/>	KIN 3100 Athletic Injuries**/**	F, Sp, Su	3	
<input type="checkbox"/>	KIN 3200 (CI) Motor Learning**	F, Sp	3	Enrollment in a major or minor in KHS
<input type="checkbox"/>	KIN 4000 Mental Aspects of Sport Performance	F, Sp	3	

Area 4: Optional Secondary Education Preparation Framework (required for students seeking teacher licensure)

<input type="checkbox"/>	NDFS 1020 (BLS) Science and Application of Human Nutrition	F, Sp, Su	3	
<input type="checkbox"/>	KIN 4300 Clinical experience I or II	F, Sp	1	Must be taken concurrently with KIN 4900. Admission to STEP or instructor permission with background check.
<input type="checkbox"/>	KIN 4900 (CI) Methods of Teaching Physical Education	F, Sp	3	KIN 2000. Must be taken concurrently with KIN 4300. Admission to STEP or instructor permission with background check.