### GENERAL EDUCATION and UNIVERSITY STUDIES

<table>
<thead>
<tr>
<th>Competency Requirements</th>
<th>Breadth Requirements* (1000 or 2000 level course)</th>
<th>Depth Education Requirements (3000 and higher level courses)</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ CL1: ENGL 1010</td>
<td>☐ Creative Arts (BCA) ___________________________</td>
<td>☐ Communications Intensive (CI) KIN 3200</td>
</tr>
<tr>
<td>☐ CL2: ENGL 2010</td>
<td>☐ Humanities (BHU) ______________________________</td>
<td>☐ Communications Intensive (CI) KIN 4900</td>
</tr>
<tr>
<td>☐ QL: Any of the</td>
<td>☐ Life Sciences (BLS) NDFS 1020</td>
<td>☐ Quantitative Intensive (QI) KIN 4400</td>
</tr>
<tr>
<td>following: MATH 1050</td>
<td>☐ Physical Sciences (BPS) _________________________</td>
<td>☐ Humanities and Arts (DHA) ____________________________</td>
</tr>
<tr>
<td>or MATH 1100, STAT</td>
<td>☐ Social Sciences (BSS) __________________________</td>
<td>☐ Social Science (DSS) SCED 3210</td>
</tr>
<tr>
<td>1040, STAT 1045, or</td>
<td>☐ Integrated: Any BAI, BHU, BCA, BSS, BPS, BLS</td>
<td></td>
</tr>
<tr>
<td>acceptable AP, CLEP,</td>
<td>course __________________________________________</td>
<td></td>
</tr>
<tr>
<td>IBO, ACT, or SAT score</td>
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</tr>
</tbody>
</table>

**Note:** Students are responsible for all major/minor requirements and should familiarize themselves with course prerequisites. Requirements for graduation can be tracked in DegreeWorks. For more information e-mail us at KHSadvising@usu.edu. For appointment go to: cehs.usu.edu/advising.

### Additional Graduation Requirements:

- Total credits: 120 credits minimum
- Total credits C- or better: 100 credits
- Upper-division credits (3000 level or above): 40 credits
- USU credits (20 upper-division, 10 req. by major): 30 credits
- USU gpa: 2.0 or better; Overall gpa: 3.0 or better

### MAJOR REQUIREMENTS (Total Credits: 76-80)

**Acceptance into major:** New freshmen, also, transfer students and students from other USU majors who have at least a **2.75 overall gpa**, qualify to enter the Kinesiology: Physical Education Teaching major. Please note, in order to be accepted into the STEP program students must have an overall gpa of 3.0. All major content coursework (KIN) requires a grade of C or better. All courses required for the major require a letter grade. Please note, we cannot guarantee in which semester a course will be taught. Check Registration XE and/or discuss your schedule with your advisor.

**Prerequisites: 12-22 credits**

- Note: These courses are prerequisite for certain courses in the emphasis but do not have to be completed before admission to the major. A complete description of course prerequisites can be found in the USU Catalog or on Registration XE.

<table>
<thead>
<tr>
<th>Course</th>
<th>Credit</th>
<th>Prerequisite and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ HEAL 1500 (BLS)</td>
<td>Anatomy and Physiology</td>
<td>TBD 3</td>
</tr>
<tr>
<td>☐ OR BOTH BIOL 2320 AND BIOL 2420</td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ BIOL 2320</td>
<td>Human Anatomy</td>
<td>Sp, Su</td>
</tr>
<tr>
<td>☐ BIOL 2420</td>
<td>Human Physiology</td>
<td>F, Sp, Su</td>
</tr>
<tr>
<td>☐ HEP 2000 or current certification for First Aid and CPR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ KIN/PE 3000</td>
<td>Principles of Fitness also Dynamic Fitness*/**</td>
<td>F, Sp, Su</td>
</tr>
<tr>
<td>☐ MATH (QL)</td>
<td>STAT 1040 or STAT 1045 or MATH 1050; (grade of C- or better); or Math ACT of 26+</td>
<td>F, Sp, Su</td>
</tr>
<tr>
<td>☐ NDFS 1020 (BLS)</td>
<td>Science/Application of Human Nutrition*</td>
<td>F, Sp, Su</td>
</tr>
</tbody>
</table>

### B. Physical Education Major Requirements: 28 credits

<table>
<thead>
<tr>
<th>Area 1: Skill Development: 5 credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ KIN 2100</td>
</tr>
<tr>
<td>☐ KIN 2200</td>
</tr>
<tr>
<td>☐ KIN 2300</td>
</tr>
<tr>
<td>☐ KIN 2400</td>
</tr>
<tr>
<td>☐ KIN 2500</td>
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</tbody>
</table>

*Courses are offered online certain semesters. For specifics, consult the USU Catalog or Registration XE (Browse Classes). **Indicates tentative summer scheduling as funding allows.

Check Schedule of Courses.Revised March 2021.
Area 2: Professional Development: 11 credits

- **KIN 2000** Introduction to Kinesiology  
  F, Sp  
  2

- **KIN 3050** Physical Education in Elementary School  
  F, Sp  
  3  
  45 or more completed credits

- **KIN 3100** Athletic Injuries*/**  
  F, Sp  
  3

- **KIN 3200 (CI)** Motor Learning & Technology in Skills Analysis**  
  F, Sp  
  3  
  Enrollment in a major within KHS

Area 3: Professional Foundations: 12 credits

- **KIN 3250** Anatomical Kinesiology*/**  
  F, Sp, Su  
  3  
  BIOL 2320 or BIOL 1500/HEAL 1500 with advisor override.

- **KIN 4100** Exercise Physiology**  
  F, Sp  
  4  
  See USU Catalog. Advisor override required for BIOL/HEAL 1500 as a prerequisite.

- **KIN 4350** Admin & Classroom Management of PE  
  F  
  2

- **KIN 4400 (QI)** Evaluation in Kinesiology*/**  
  F, Sp  
  3  
  Taught online only.

Area 4: Electives (Optional)

- **KIN 4000** Mental Aspects of Sport Performance  
  F, Sp  
  3

- **KIN 4500** Motivational Strategies for PE/Coaching*  
  F, Sp, Su  
  3  
  Taught online only.

C. Secondary Teacher Education Preparation Requirements (STEP)

- **KIN 4900 (CI)** Methods in Physical Education Teaching  
  F, Sp  
  3  
  KIN 2000 or KIN 2020 Enrollment in major within KHS.

D. STEP-Professional Education Framework for Secondary Teacher Preparation: 27 credits

Level I

- **ITLS 5500** Integration & Innovation of Technology in Education*  
  F, Sp, SU  
  3  
  Online only.

- **SCED 3210 (DSS)** Educational & Multicultural Foundations  
  F, Sp  
  3  
  Must be completed before SCED 5200

Level II

- **SPED 4000** Education of Exceptional Individuals*  
  F, Sp  
  2  
  May be taken prior to admission to Teacher Education Program.

- **SPED 5200 (CI)** Language, Literacy, Learning in Content Areas  
  F, Sp  
  3  
  Admission to STEP and completion of Level I required.

- **KIN 4300** Clinical Experience II (30 hours)  
  F, Sp  
  1  
  KIN 2000. Admission to STEP OR instructor permission with background check. Must take concurrently with KIN 4900 if in STEP.

- **KIN 4900 (CI)** Methods in Physical Education Teaching  
  F, Sp  
  3  
  KIN 2000. Admission to STEP OR instructor permission with background check. Must take concurrently with KIN 3300 or 4300 if in STEP.

Level III (Student Teaching)

- **KIN 5500** Student Teaching Seminar  
  F, Sp  
  2  
  Levels 1 and 2 must be completed prior to taking Level 3 courses. Level 3 courses are taken concurrently. Pass/Fail only

- **KIN 5630** Student Teaching in Secondary Schools  
  F, Sp  
  10  
  Levels 1 and 2 must be completed prior to taking Level 3 courses. Level 3 courses are taken concurrently. Pass/Fail only

*Courses are offered online certain semesters. For specifics, consult the USU Catalog or Registration XE (Browse Classes). **Indicates tentative summer scheduling as funding allows.