

Utah State University
Department of Kinesiology and Health Sciences
Health Education and Promotion: Community Health 2020-2021

| GENERAL EDUCATION and UNIVERSITY STUDIES | | |
|---|--|---|
| Competency Req. | Breadth Requirements* (1000 or 2000 level course) | Depth Education Requirements (3000 or 4000 level course) |
| <input type="checkbox"/> CL1: ENGL 1010 <input type="checkbox"/> CL2: ENGL 2010 <input type="checkbox"/> QL: Recommend: STAT 1040 or STAT 1045 Other options: MATH 1050 or MATH 1100 or AP, CLEP, IBO, ACT, or SAT score | <input type="checkbox"/> Creative Arts (BCA) _____ <input type="checkbox"/> Humanities (BHU) _____ <input type="checkbox"/> Life Sciences (BLS) NDFS 1020 <input type="checkbox"/> Physical Sciences (BPS) <input type="checkbox"/> Social Sciences (BSS) PSY 1010 or HDFS 1500 <input type="checkbox"/> American Institutions (BAI) _____ <input type="checkbox"/> Exploration: Any other BAI, BHU, BCA, BSS, BPS, BLS course | <input type="checkbox"/> Communications Intensive (CI) HEP 3600 <input type="checkbox"/> Communications Intensive (CI) HEP 5000 <input type="checkbox"/> Quantitative Intensive (QI) HEP 4200 <input type="checkbox"/> Humanities and Arts (DHA) _____ <input type="checkbox"/> Social Science (DSS) |
| | | For specific courses that fulfill Breadth and Depth requirements, consult the USU Catalog or Registration XE. |
| Additional Graduation Requirements: Total credits: 120 credits minimum Total credits C- or better: 100 credits Upper-division credits (3000 level or above): 40 credits USU credits (20 upper-division, 10 req. by major): 30 credits USU gpa: 2.0 or better; Overall gpa: 2.75 or better | | Note: Requirements for graduation can be tracked in DegreeWork. Students are responsible for all major/minor requirements and should familiarize themselves with course prerequisites. For more information, e-mail us at KHSadvising@usu.edu . Schedule advising appointments here: cehs.usu.edu/advising . |

MAJOR REQUIREMENTS (Total credits: 70)

New freshmen, also, transfer students and students from other USU majors who have at least a **2.75 overall GPA**, qualify to enter the Health Education and Promotion: Community Health major. A grade of C- or better is required in all HEP coursework. An overall gpa of 2.75 is required to graduate in HEP: Community Health. *Please note, we cannot guarantee in which semester a course may be taught. Consult Banner Registration and/or discuss your schedule with your advisor.*

A. Health Education and Promotion Core: 36 credits

| Must complete all of the following requirements: | | Sem. | Cr. | Prerequisites/notes |
|---|--|-------------|------------|---|
| <input type="checkbox"/> HEP 2000 | First Aid and Emergency Care | F, Sp, Su | 2 | |
| <input type="checkbox"/> HEP 2500 | Health and Wellness | F, Sp, Su | 2 | Offered online all semesters |
| <input type="checkbox"/> HEP 3000 | Drugs and Human Behavior | F, Sp | 3 | Offered online Fall and Spring |
| <input type="checkbox"/> HEP 3600 | Introduction to Community Health (CI) | F, Sp, Su | 3 | Offered online all semesters |
| <input type="checkbox"/> HEP 3700 | Introduction to Epidemiology | F | 3 | Any statistics class. Online Fall; BB Spring |
| <input type="checkbox"/> HEP 4100 | Foundations of Community Health | F, Sp | 3 | HEP 2500; BB Fall, main campus Spring |
| <input type="checkbox"/> HEP 4800 | Human Diseases | F, Sp | 3 | Blended broadcast Fall; online Spring |
| <input type="checkbox"/> HEP 5000 (CI) | Race, Culture, Class & Gender Issues | F, Sp | 3 | ENGL 2010, HEP 2500, HEP 4100, HEP major with JR standing. Online Fall; BB SP |
| <input type="checkbox"/> HEP 5400 | Prevention Strategies for Obesity etc. | F, Sp | 3 | HEP major and JR standing. BB Fall; online SP |
| <input type="checkbox"/> BIOL 2320 | Human Anatomy | Sp, Su | 4 | Also taught in Brigham City all semesters |
| <input type="checkbox"/> BIOL 2420 | Human Physiology | F, Sp, Su | 4 | See USU catalog. |
| <input type="checkbox"/> NDFS 1020 (BLS) | Science & Application of Human Nutrition | F, Sp, Su | 3 | |

B. Required Community Health Professional Core: 28 credits

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|---|--------------------------------------|-----------|---|--|
| <input type="checkbox"/> HEP 3900 | Social Marketing in Health Education | Sp | 3 | HEP 3600. COHE emphasis |
| <input type="checkbox"/> HEP 4200 (QI) | Program Planning for Health Ed | F | 3 | HEP 3600, COHE emphasis, and MATH 1050 or STAT class |
| <input type="checkbox"/> HEP 4205 | Program Management & Evaluation | Sp | 3 | HEP 4200 |
| <input type="checkbox"/> HEP 4400 | Leadership, Policy and Advocacy | Sp | 3 | HEP 2500, HEP 3600, HEP major |
| <input type="checkbox"/> HEP 4600 | Field Work in Health Education** | F, Sp | 6 | HEP 3600, 4100, 4200, instructor permission |
| <input type="checkbox"/> ITLS 4205/5205 | Computer Applications for Inst. | F, Sp, Su | 3 | |
| <input type="checkbox"/> NDFS 4480 | Community Nutrition | F | 3 | NDFS 1020 |
| <input type="checkbox"/> PSY 3010 (QI) | Psychological Statistics | F, Sp, Su | 4 | see catalog |

**Courses are offered online certain semesters. For specifics consult Registration XE (Browse Classes). **Indicates tentative summer scheduling as funding allows.*

C. Elective Courses: 6 credits minimum

Students must complete 6 credits of elective courses, taking at least one course from two of the following three areas:

Area 1: Human Nature

| | | | | | |
|--------------------------|-----------------|--------------------------------------|-----------|---|--|
| <input type="checkbox"/> | ANTH 3110 (DSS) | North American Indian Cultures | F | 3 | |
| <input type="checkbox"/> | ANTH 4130 (DSS) | Introduction to Medical Anthropology | Sp | 3 | |
| <input type="checkbox"/> | ANTH 4140 (CI) | Anthropology of Global Health | Sp | 3 | Offered odd years |
| <input type="checkbox"/> | HDFS 1500 (BSS) | Human Development Across Lifespan | F, Sp | 3 | |
| <input type="checkbox"/> | HDFS 3110 | Human Sexuality | F | 3 | HDFS 1500, HDFS 2400, CL2, JR standing |
| <input type="checkbox"/> | HDFS/PSY 3700 | Mental Health Awareness/Advocacy | F, Sp | | |
| <input type="checkbox"/> | HEP 5250 | Global Health and Service Learning | Su | 3 | contact instructor |
| <input type="checkbox"/> | HIST 3910 | Health, Disease and Medicine in NA | TBD | 3 | Offered every other year |
| <input type="checkbox"/> | PSY 1010 (BSS) | Intro to Psychology | F, Sp, Su | 3 | |
| <input type="checkbox"/> | PSY 1100 | Lifespan Development | F, Sp | 3 | PSY 1010 |
| <input type="checkbox"/> | PSY 4240 (DSS) | Multicultural Psychology | F | 3 | PSY 1010 |
| <input type="checkbox"/> | SOC 2370 | Sociology of Gender | F | 3 | |
| <input type="checkbox"/> | SOC 3010 (DSS) | Social Inequality | F, Sp | 3 | |
| <input type="checkbox"/> | SOC 3330 (DSS) | Medical Sociology | F | 3 | |
| <input type="checkbox"/> | SW 2100 | Human Behavior/Social Environment | Sp | 3 | |

Area 2: Content and Methods in Education

| | | | | | |
|--------------------------|-----------------|-------------------------------------|-----------|---|---|
| <input type="checkbox"/> | CMST 1020 (BHU) | Public Speaking | F, Sp | 3 | |
| <input type="checkbox"/> | CMST 4700 | Health Communication | F, Sp | 3 | CMST 2110 or permission of instructor |
| <input type="checkbox"/> | HEP 3200 | Consumer Health | F, Su | 3 | online only |
| <input type="checkbox"/> | HEP 3400 | Stress Management | F, Sp, Su | 3 | online only |
| <input type="checkbox"/> | HEP 3800 | Health Care Systems | F, Sp | 3 | |
| <input type="checkbox"/> | HEP 4000 | Health Services Administration | F, Sp | 3 | |
| <input type="checkbox"/> | HEP 5700 | Special Topics in Health | Arr. | 3 | |
| <input type="checkbox"/> | JCOM 1130 | Beginning Newswriting for the Media | F, Sp | 3 | CL1 |
| <input type="checkbox"/> | JCOM 2220 | Introduction to Video Media | F, Sp | 3 | See USU Catalog. |
| <input type="checkbox"/> | NDFS 2020 | Nutrition Throughout the Life Cycle | Sp | 3 | NDFS 1020 |
| <input type="checkbox"/> | OSS 1400 | Microcomputer Applications | Arr. | 3 | |
| <input type="checkbox"/> | OSS 1550 | Business Correspondence | Arr. | 3 | |
| <input type="checkbox"/> | KIN 4100 | Exercise Physiology**,* | F, Sp | 3 | See USU Catalog. |
| <input type="checkbox"/> | PUBH 4030 | Communicable Disease Control | F | 3 | BIOL 1610 and 1615 or BIOL 2060 or 2420 |
| <input type="checkbox"/> | PUBH 4040 | Fundamentals of Epidemiology | Sp | 3 | Statistics course recommended |
| <input type="checkbox"/> | SOC 3750 | Sociology of Aging | F | 3 | |

Area 3: Organizational Dynamics in the Family

| | | | | | |
|--------------------------|-----------------|--------------------------------------|-----------|----------|---------------------------------------|
| <input type="checkbox"/> | CMST 2110 (BHU) | Interpersonal Communication | F, Sp | 3 | |
| <input type="checkbox"/> | CMST 3250 (CI) | Organizational Communication | TBA | 3 | CMST 2110 or permission of instructor |
| <input type="checkbox"/> | HDFS 3100 | Abuse and Neglect in the Family | F, Sp | 3 | HDFS 1500, HDFS 2400 , Soph. standing |
| <input type="checkbox"/> | HEP 4250 | Advance Coop Work Experience | F, Sp | Var | Permission of instructor |
| <input type="checkbox"/> | JCOM 2300 | Introduction to Public Relations | F, Sp | 3 | See USU catalog. |
| <input type="checkbox"/> | MSLE 3110 (DSS) | Managing Organizations and People | F, Sp, Su | 3 | See USU catalog. |
| <input type="checkbox"/> | MSLE 3820 (DSS) | International Management | F, Sp | 2 | See USU catalog. |
| <input type="checkbox"/> | POLS 3810 (DSS) | Introduction to Public Policy | F | 3 | |
| <input type="checkbox"/> | PUBH 3120 | Family and Community Health | S | 3 | |
| <input type="checkbox"/> | PUBH 3310 | Occupational Health & Safety | F | 3 | |
| <input type="checkbox"/> | SW 2400 | Social Work with Diverse Populations | Sp | 3 | |
| <input type="checkbox"/> | SW 3750 | Medical Social Services | | 3 | SW 1010 , SW 2100 , SW 2400 |

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