

# Spring 2021 Undergraduate Student Spotlight

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## Department of Kinesiology and Health Science Undergraduate Student Spotlight: Spring 2021

*What do you like about being a student in the Kinesiology and Health Science (KHS) Department?*

Being a student in the KHS department is so rewarding. The professors in this department really know their information and care about their students. The classes are well structured and include engaging material. There are many labs where students actually get to use professional fitness testing equipment. It is great that as a student in the KHS department, you get hands on experience with equipment in your undergraduate program. I have absolutely loved being in this Kinesiology program!

*Why did you decide on your program?*

I chose to study Kinesiology because I want to later go to Physical Therapy school. This program has all the

prerequisites I needed for Physical Therapy school, so it seemed like a perfect fit. I am also passionate about health and fitness, and this degree has magnified that passion! I have enjoyed studying human movement because I find it extremely interesting. I am very happy that I chose this program!