Master of Science in Health and Human Movement

Program Learning Objectives

1. Demonstrate the capability to analyze the basic and applied research of others within the Exercise Science discipline.

2. Demonstrate knowledge of the population-based interrelationships of physical activity, fitness and health.

3. Apply appropriate skills to evaluate health and fitness using appropriate standard procedures.

4. Demonstrate appropriate research knowledge and skills to conduct independent research project. Leadership skills in initiating, conducting and completing research project is emphasized.