Physical Education Teacher Education Learning Objectives

1. Content Knowledge
Physical education teachers understand physical education content and disciplinary concepts related to development of a physically educated person.

2. Growth & Development
Physical education teachers understand how individuals learn and develop and can provide opportunities that support their physical, cognitive, social and emotional development.

3. Diverse Students
Physical education teachers understand how individuals differ in their approaches to learning, and create appropriate instruction adapted to these differences.

4. Management & Motivation
Physical education teachers use an understanding of individual and group motivation and behavior to create a safe learning environment that encourages positive and social interaction, active engagement in learning, and self-motivation.

5. Communication
Physical education teachers use knowledge of effective verbal, nonverbal, and media communication techniques to enhance learning and engagement in physical activity settings.

6. Planning & Instruction
Physical education teachers plan and implement a variety of developmentally appropriate instructional strategies to develop physically educated individuals, based on state and national (NASPE K-12) standards.

7. Student Assessment
Physical education teachers understand and use assessment to foster physical, cognitive, and social and emotional development of students in physical activity.

8. Reflection
Physical education teachers are reflective practitioners who evaluate the effects of their actions on others (e.g., students, parents/guardians, fellow professionals), and seek opportunities to grow professionally.

9. Technology
Physical education teachers use information technology to enhance learning and
to enhance personal and professional productivity.

10. **Collaboration**
Physical education teachers foster relationships with colleagues, parent/guardians, and community agencies to support students' growth and well-being.