Utah State University
Department of Health, Physical Education and Recreation

PEP 3050 – Physical Education in the Elementary School

Fall 2014

Instructor:  Dr. Rolayne Wilson  
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Office:  HPER 132  
Phone:  797-1508 (voice mail)  
TA:  Sara Sorenson  
TA Phone:  801-310-7420  
TA Email:  saraj@jdsco.com  

Classroom:  9:30 MW HPER 116 / Friday Gym 209  
10:30 MW HPER 116 / Friday Gym 209  
Office Hours:  Tuesday, Thursday 9:30am-10:30am  
(Other office hours by appointment)

Credits:  3

Banner Email
Check your BANNER email regularly as this is how I get information to you such as schedule changes, new information, etc. I use your preferred email listed on BANNER.

Canvas
All scores for the class will be posted regularly on CANVAS.

Lab Fee
There is $30 lab fee used to purchase and/or replace equipment, purchase music, compensate PE specialists during observations and practicum, and compensate a professional square dance caller for the MANDATORY square dance lab.

Texts
3. Required: PEP 3050 Course Reader available in the bookstore. It is suggested that you organize the material in a 3-ring binder for easy access. Course reader index is posted on CANVAS.
4. SPARK materials K-2; 3-6 available in my office (HPER 132).

Accommodation of Disabilities
Qualified students with disabilities may be eligible for reasonable accommodations. All accommodations are coordinated through the Disability Resource Center (DRC) in Room 101 of the University Inn, 797-2444 voice, 797-0740 TTY, or toll free 1-800-259-2966. Please contact the DRC as early in the semester as possible. Alternate format materials (Braille, large print or digital) are available with advance notice.
**Academic Honesty**
The University expects that students and faculty alike maintain the highest standards of academic honesty. Cheating includes intentionally acquiring tests or other academic material belonging to a faculty member without express permission. See also plagiarism in undergraduate catalog. Academic honesty includes evaluating practicum experiences appropriately, doing your own work, turning in your own 3x5 attendance card, and signing your own name for labs. Here is the code for the Academic Integrity [http://www.usu.edu/studentservices/pdf/StudentCode.pdf#page=21](http://www.usu.edu/studentservices/pdf/StudentCode.pdf#page=21) Article VI

**Utah State University Honor Pledge:** “I pledge, on my honor, to conduct myself with the foremost level of academic integrity.

**Grievance Policy**
Students who feel they have been unfairly treated [in matters other than (i) discipline or (ii) admission, residency, employment, traffic, and parking – which are address by procedures separate and independent from the Student Code] may file grievance through the channels and procedures described in the Student Code: Article VII. Grievances, pp. 25-30. [http://studentlife.tsc.usu.edu/stuserv/pdf/student_code.pdf](http://studentlife.tsc.usu.edu/stuserv/pdf/student_code.pdf)

**Course Objectives**
The course activities, experiences, and assignments are intended to provide opportunities for class members to accomplish the following course objectives:

1. **Gaining factual knowledge (Basic cognitive background).**
   a. Understand motor learning and motor development principles as they relate to elementary age children.
   b. Learn the skill themes and movement concepts in the text *Children Moving and On the Move Lesson Plan Book.*
   c. Understand wellness concepts and health-related fitness and how they relate to elementary school children.
   d. How to write a physical education lesson plan.

2. **Learning fundamental principles, generalizations, or theories (Basic cognitive background).**
   a. Identify the role of physical education in the elementary school.
   b. Discuss the role of management (behavior, equipment, time) in effectively teaching elementary physical education.
   c. Identify guidelines appropriate for teaching diverse children in a physical education class.
   d. Discuss physical education instructional strategies appropriate for elementary school children.
   e. Discuss gender appropriate language when teaching physical education classes.
   f. Learn about integrating physical education and other curricular subjects.

3. **Learning to apply course material (Application of learning).**
   a. Learn and teach a variety of rhythmic activities for elementary school children.
   b. Peer teach the skill theme and movement concept curriculum.
   c. Observe elementary physical education classes.
   d. Write physical education lesson plans for peer teaching and practicum.
   e. Teach physical education lessons in an elementary school.
Course Requirements

Attendance (50 points):
• Each student will begin the semester with 50 points.
• Three (3) classes may be missed without penalty. Thereafter, 10 points will be deducted from your 50 attendance points.
• It is possible to go in the hole. Authorized University business accompanied by appropriate documentation PRIOR to your absence, is an excused absence. These excused absences count towards your 3 excused absences.
• Please be on time to class. When unavoidably late, please enter through the back door.

Quizzes:
• There will be a quiz for each assigned chapter reading assignment.
• You need a 3x5 card (not a piece of 3x5 paper) for each quiz. Quizzes not on a 3x5 card will be a zero score.
• Quizzes may be made up due to an absence. The quiz must be made-up the day you return to class. It is your responsibility to make arrangements to take the quiz.

Group Discussion Exams (40 points total):
• There will be two group discussion exams on Wednesday, October 8, 2014 and Wednesday, December 3, 1014. There is no make-up exam if you are absent.
• Each discussion exam is worth 20 points.

Labs and Peer Teaching Labs:
• Each Friday we will meet in gym 209 for a lab experience. You are REQUIRED to come dressed in activity clothes and shoes for each lab.
• Appropriate activity clothes are gym shorts (no short shorts) or sweat pants and a t-shirt (no sleeveless shirts or shirts that show cleavage or tank top) or polo shirt or sweatshirt, & gym shoes. You are to dress appropriately for each lab just like you will dress appropriately when you teach in an elementary school during your practicum. Five points will be deducted if you are not dressed appropriately.
• You need to purchase a Fox40 whistle and lanyard (USU Bookstore, Al’s, etc.).
• You will bring your whistle and lanyard on Friday, September 5, 2014 and pass off your “whistle blowing” ability (10 points).
• For Peer Teaching #1, 2, & 3, the white board in Gym 209 will ask you to write 5 points on your cue card if you brought and used a wrist watch and write 5 points on your cue card if you brought and used a Fox40 whistle with lanyard. If you fail to follow the directions and forget to do this, you will lose those 10 points. Please read the white board carefully at the beginning of each lab for directions.
Sara and I will teach the first few labs, then you will peer teach the following labs during the semester:

Peer Teaching #1  Throwing/Catching Peer Teaching #3  Rackets/Paddles (Diversity lab)
Soccer Dribbling Floor Hockey     (Diversity lab)
Dodging Transfer of Weight (Diversity lab)

Peer Teaching #2  Basketball Dribbling Peer Teaching #4  Circuit (4 stations with an integrated theme).
Volleying Email handout to class through Canvas.
Jumping & Landing Peer Teaching #5  Dance

1 MANDATORY Square Dance Lab on Friday, December 5, 2014 (10 points).

- 10 points for Peer Teaching #1, 2, 3, 4 & 5 (50 points total).
- 2 points for cue card for Peer Teaching #1, 2, & 3 (6 points total).
- 10 points for lesson plan for Peer Teaching #1 and 2 (20 points total).
- 5 points for wrist watch (no cell phone) for Peer Teaching #1, 2, & 3 (15 points total) written on your cue card.
- 5 points for using a Fox 40 whistle and lanyard for Peer Teaching #1, 2, & 3 (15 points total) written on your cue card.
- 10 points for sending an integrated circuit handout to class members through CANVAS for Peer Teaching #4 (10 points total).

MISSED PEER TEACHING AND MANDATORY LAB POINTS CANNOT BE MADE UP.

Elementary Physical Education Observations & Paper (70 points): In preparation for your peer teaching and practicum experiences, you will observe 6 (60 points) elementary physical education classes at the following schools during the week of September 15-19, 2014. We won’t have class this entire week so you can complete your 6 observations. Don’t wait until the end of the week to do your observations as invariably some classes are cancelled due to assemblies, etc.

3 observations at Edith Bowen Lab School  Analisa Smith  USU Campus  20 points
3 observations at Hillcrest Elementary School  Maria Bodrero  960 N. 1400 E., Logan  20 points

- You need to wear your picture ID and sign in at the school’s main office.
- Please wear appropriate street clothes (NO: hats, chewing gum, short shorts, sleeveless t-shirts, and shirts that show cleavage).
- You will answer a list of questions for each school that are in your Course Reader, pages 120-123.
- At the conclusion of your observations, you will write a full, 2-page, 12-point font, single-spaced de-briefing paper (10 points) based on your six observations. The de-briefing paper template is on CR, 124.
**Five Week Teaching Practicum (208 points):** “Putting Theory into Action.” You will observe and teach 10 physical education classes in a Logan School District or Cache County School District elementary school.

- 2 observations – Week of September 15, 2014.
- **NO PRACTICUM WEEK OF OCTOBER 13-17, 2014 due to USU Fall Break on Friday, October 17, elementary school’s fall break, and Utah Education Association meetings on Thursday, October 16 and Friday, October 17, 2014.** We will have class on Monday, October 13; Wednesday, October 15; and Thursday, October 16 (Attend Friday classes on Thursday due to USU Fall Break on Friday, October 17).
- Full lessons #1&2 – Week of October 27, 2014.
- Full lessons #5&6 – Week of November 10, 2014.
- **No class on Monday, October 6 24, 2014; Monday, October 20, 2014; Monday, October 27, 2014; Monday, November 3, 2014; and Monday, November 10, 2014.**
- You need a name badge available in the TSC Card Shop (wait until 2pm on Wed. August 27, 2014 to go to the Card Shop) and a Fox40 whistle. Picture ID will be checked off on Monday, September 3, 2014 and the Fox40 whistle will be checked off on Friday, September 5, 2014.
- Appropriate dress for practicum includes sweatpants or shorts (no short shorts), gym shoes (no flip flops, street shoes, or sandals), and activity shirt (no sleeveless or tank tops or shirts that show cleavage).
  - No hats.
  - No gum.
  - You need a wrist watch (no cell phone).
  - You need a Fox40 whistle and lanyard.
  - You need to take your portfolio each week.

**Other:** At the discretion of the instructor, there may be other in and out of class activities and assignments.

**No Late Work Accepted.**

**No Extra Credit Work.**

**Class Assessment:**

1. Attendance .......................... 50 points
2. 17 Quizzes ................. approx. 113 points
3. 2 group discussion exams .......... 40 points
4. Whistle ........................... 10 points
5. Picture ID .......................... 10 points
6. (5) Peer Teaching Labs ........... 76 points
7. 1 Mandatory Square Dance Lab .... 10 points
8. Practicum ....................... 208 points
9. Edith Bowen & Hillcrest Elementary 6 observations & paper .... 70 points
10. Other Assignments ........................ variable points

The total points per semester are approximately 675 points.
Final Grade Scale
- This course is letter graded.
- It is advisable to keep track of your points posted on CANVAS so you know where you stand with your grade.
- The following percentage system is used to determine your final grade:

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<th>Percentage</th>
<th>Grade</th>
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<tr>
<td>84-86%</td>
<td>B</td>
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<td>80-83%</td>
<td>B-</td>
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<tr>
<td>77-79%</td>
<td>C+</td>
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<td>D</td>
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<tr>
<td>Below 64%</td>
<td>F</td>
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IDEA Course Evaluation: If you complete the on-line course evaluation by Wednesday, December 3, 2014 you will earn 5 points that will be added to your attendance points. When completed, please write your 5 points on one of your quiz cards. Please indicate that these 5 points are for the IDEA evaluation.