OBJECTIVES
Beginning Racquetball is designed to introduce the racquetball player to the rules and strategies of the game. This will include:
1. Demonstration of knowledge of the general rules of racquetball.
2. Comprehension of the strategies of the game.
3. To play safely and effectively.
4. To improve on competitive skills.

COURSE FEES
A course fee of $15.00 will be used to maintain racquets, balls, and protective eyewear. Purchase of instructional videos.

EVALUATION
1. This course will consist of a Pass/Fail grading system.
2. After three (3) absences the student will fail.
3. Participation, attitude and attendance will be the three main criteria from which the final grades will be determined.
4. Not participating will constitute an absence.

EQUIPMENT
1. Proper gym attire required.
2. Racquetball racquet.
3. PROTECTIVE EYEWEAR REQUIRED.

OTHER
If you experience any of the following symptoms, stop activity and alert your instructor.
- Lightheaded/Dizziness
- Chest Pain/Tightness
- Nausea
- Unusual Fatigue
- Trouble Breathing
- Allergic Reactions

**DO NOT SEEK PRIVACY**

NOTICE
Students with ADA-documented physical, sensory, emotional or medical impairments may be eligible for reasonable accommodations. Veterans may also be eligible for services. All accommodations are coordinated through the Disability Resource Center (DRC) in Room 101 of the University Inn, (435)797-2444 voice, (435)797-0740 TTY, or toll free at 1-800-259-2966. Please contact the DRC as early in the semester as possible. Alternate format materials (Braille, large print or digital) are available with advance notice.
Students MUST take the Release Form Quiz on Canvas – BEFORE they can participate!